



# Melody Gross

Keynote Speaker + Trainer

Life Coach + Facilitator

Author + Disruptor



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Shedding light on the darkest moments of our lives can be scary. However, Melody shares her story of relationship abuse with compassion, optimism, and connection. Her keynote talk, "Recognizing the Pain: Domestic Violence and the Workplace," gives employees a glimpse of what their colleagues may be experiencing, how it shows up in their work, what support they may need, and why this isn't just a personal matter.

In "Reclaiming your Resilience," Melody gives audiences strategies to overcome the challenges that almost broke them and reclaim their desired life. Melody brings energy to her talk about life's obstacles, leaving audiences feeling seen, heard, and empowered.

Melody's talks have supported organizations in bringing awareness of domestic violence, fundraising initiatives, support for systemic change, employee empathy, and survivors' support.

She owns Courageous SHIFT, a speaker and consulting agency that partners with organizations to change systems through action at the intersection of domestic violence and DEI.

## SIGNATURE TOPICS

- ✓ Domestic Violence and the Workplace
- ✓ Supporting Survivors of Abuse
- ✓ Parenting After Abuse
- ✓ Living your Values Out Loud
- ✓ Resilience After Trauma
- ✓ Domestic Violence in the Black Community
- ✓ Raising a Free Kid

# KEYNOTE TALKS

## RECOGNIZING THE PAIN: DOMESTIC VIOLENCE AND THE WORKPLACE

In this keynote, Melody Gross shares her story of abuse, how it impacted her work, and the support she received from her former employer. Participants will leave with a better understanding of how intimate partner violence shows up in the workplace and ways to support employees experiencing abuse.

## RECLAIM YOUR RESILIENCE

In this talk, Melody shares her story of experiencing domestic violence and overcoming it by making five commitments. By implementing these five commitments, Melody was able to create a life worth living, build a career she loves, support her community, and have healthy relationships, most importantly with herself.

# TESTIMONIALS

“Melody is an extraordinary presenter – her story is strong and her presence as a survivor is even stronger. She draws the audience in with her openness and authenticity and holds their attention with her enthusiasm and humor. I would highly recommend Melody!” ~Karen Parker, President & CEO, Safe Alliance

“I loved how authentic [Melody was] and that created comfort for our teammates to be vulnerable as well.” ~Ty Chandler, Diversity, Inclusion, and Belonging Lead, AvidXChange

“The powerful messages and insightful thoughts provided by Melody were absolutely amazing. Melody has a wonderful presence and personable approach to addressing the extremely emotional topic of domestic violence. Her message is relevant and impactful, even in a virtual format.” ~Christopher Campbell, SVP of Community Partnerships, Inlivan

# OUTCOMES

- Better understanding of domestic violence
- Empathy for victims and survivors
- Issue awareness
- Discovers how domestic violence impacts their lives
- Buy-in for policy development

# INDUSTRIES

- Mid to Large Size Companies
- Domestic Violence Agencies & Coalitions
- Mid-size Nonprofits
- Grassroots Organizations



AvidxChange

CreativeMornings Charlotte

Ignite Charlotte

Inlivan

LendingTree Foundation

Mecklenburg County Community Support Services

National Coalition Against Domestic Violence

Pennsylvania Coalition Against Domestic Violence Bobbie, LLC

Safe Alliance

Sanctuary in the City

Texas Council on Family Violence